



VALLEJO KNIGHTS AAU BASKETBALL
EMAIL: NATJAN@PRODIGY.NET
WEBSITE: VALLEJOKNIGHTSBASKETBALL.ORG



Vallejo Knights Girls Basketball Tryouts



Learn the “Champion Way to Play.” The Amateur Athletic Union (AAU) Vallejo Knights Basketball Organization, a year around traveling team, will be hosting tryouts for boys and girls age IOU thru 14U (4th thru 8th grade). There is no fee for tryouts.

Participants must have a 2.5 GPA. Tryouts will be held every Friday (except Thanksgiving week) for 90 minutes 7:30pm until 9:00pm. September 4, 2009 thru December 4, 2009 at Franklin Middle School, located at 501 Starr Avenue, Vallejo, CA. Participants should wear basketball shoes, shorts and a T-shirt.

The tryouts will include different station work to demonstrate fundamental skills and basketball evaluation. To participate as a player with the Vallejo Knights there is an initial registration fee of \$150 (includes AAU membership, insurance, uniform and first month tournament fee). Thereafter, the monthly fee is \$50. The teams will play each month in tournaments located in the Bay Area and Sacramento Area.

We are also looking for experienced coaches.

For more information, call Coach Bailey at 707-334-0436 or Coach Daggs at 510-375-0738.